

Healthyliver - For the well-being of the liver

Fact Sheet for Health Professionals (rev. 2019-10)



COMPOSITION MARIAN THISTLE (*Silybum marianum* L.) Leaves (powder), WILD STRAWBERRY (*Fragaria vesca* L.) Leaves (powder), Dandelion (*Taraxacum officinale* Web.) Leaves (powder), GRAPE VINE (*Vitis vinifera* L.) Leaves (powder).

INDICATIONS Made up of natural plants selected ad hoc in order to sustain and reactivate the liver. The liver is a very delicate organ and is gravely stressed by the non-stopping rhythms of today's life. Food, alcohol, drugs, and all that which we consume leaves toxins that the liver is required to filter, which leads to destabilisation of the liver function.
The vegetable extracts of Healthyliver assist the liver in its main task of processing the substances that pass through it, and to protect from attacks of toxic agents that are present in these substances.

DOSAGE FORM Pills of approximately 430 mg

TOXICITY/SIDE EFFECTS No side effects, contraindications or relevant risks following the consumption of Healthyliver or its individual ingredients in the recommended doses have been encountered. No toxicity has been revealed from very elevated doses taken over a significant period of time either. Healthyliver and its individual components appear to be compatible with any another food substance, prescribed and over the counter medications, natural products, herbal products, phytotherapy, or foods, if taken in the recommended doses.

AVAILABILITY Practical blisters consisting of 30 pills, in packets of 120 pills.

SUGGESTED USAGE 2 pills daily outside of mealtimes.
For a prolonged usage we advise that you consult with your physician.

INGREDIENTS **Marian Thistle** (*Silybum marianum*) contains bioflavonoid compounds, flavonoids (marian thistle and silybin) that carry out an important task in maintaining the liver. In effect these substances have a protective function against the toxins filtered by the liver (for example, but not exclusively, alcohol) and a regenerative function on the liver cells.

Wild Strawberry (*Fragaria vesca*) possesses the capability of detoxing the internal organ operating through stimulating the liver. This action is mainly carried out by the tannins and by the flavonoids present in the leaves. In fact the vine and wild strawberry leaves are considered remedies for liver disturbance also in Anthroposophical medicine.

Dandelion (*Taraxacum officinale*) The roots of the dandelion are rich in one substance, taraxasterol, the effects of which are beneficial to the liver. Recent studies have shown that taraxasterol improves the production of gall and its passage from the gall-bladder to the duodenum, facilitating efficient liver function and improved digestion. Furthermore some of the substances would act on the membranes of the liver cells, improving their function and normalising the metabolism of fats and tansaminases.

Vine (*Vitis vinifera*) is a plant rich in various substances that are beneficial to our organism contained in its various parts. In particular the bioflavonoids present in the leaves have a strong decongestive power on the liver and power to fight the viruses of hepatitis A and B.



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STORAGE Store at or below 20° C in sealed containers in a dry place.

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